

Natalie Zacchia

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Languages

English, French

Education

Master of Public Health: Health Promotion 2011-2014

University of Alberta, Edmonton, Alberta

- Dr. John Rossiter Practicum Award, CIHR

Bachelor of Arts (Psychology Major - Honors equivalent) 2007-2011

McGill University, Montreal, Quebec

- Thesis: The Effectiveness of Mindfulness Skills in Curbing Food Cravings
- Graduated in top 15% of faculty

Work Experience

Clinical Research Administrator 2016-present

Human Pain Genetics Lab, McGill University

- Recruit and coordinate research participants
- Design and amend research protocols and documents
- Perform data collection and monitoring, including database management

Clinical Trial Coordinator 2014-2016

Lady Davis Institute for Medical Research, Jewish General Hospital

- Coordinated and planned clinical trials
- Monitored and audited ongoing studies
- Performed systematic searches and reviews
- Assisted in writing scientific manuscripts and grant applications

Communications Assistant 2012

Canadian Obesity Network

- Performed literature searches on obesity-related topics
- Compiled evidence-based information available to health professionals

Special Events and Communications Coordinator 2010-2011

McGill Student Health Promotion, McGill University

- Designed a novel branch of health promotion: Mental Wellbeing & Stress Management
- Developed educational materials (pamphlets, posters, magazine articles, reports)
- Planned and organized events to support students' health and wellbeing
- Trained, educated and managed a team of volunteers

Research Assistant 2010-2011

Social Intelligence Lab, McGill University

- Created instruction manuals and surveys
- Recruited participants and performed data collection

Extra-Curricular and Volunteer Experience

Intern 2014

Therapeutic Paws of Canada

- Reviewed literature and created evidence-based resources
- Increased awareness of animal-assisted therapy through social media
- Created and edited resource documents, reports, and policy manuals

President	2012
School of Public Health Students Association, University of Alberta	
<ul style="list-style-type: none"> • Helped plan and coordinate events promoting health in the community • Managed activities of 7 council members and 9 directors • Sat on working committees and led meetings 	
Honors/Thesis Student	2010-2011
Health Psychology Lab, McGill University	
<ul style="list-style-type: none"> • Responsible for recruitment, interviewing, and follow up of participants • Helped prepare manuscript for publication submission (published in 2014) • Developed research materials (guidelines, scripts, standard emails) • Entered and coded data before running analyses with SPSS • Completed and presented thesis to the public 	
Peer Reviewer	2010-2011
Journal of Interpersonal Relations, Intergroup Relations and Identity	
<ul style="list-style-type: none"> • Provided constructive and precise comments • Helped authors to identify areas that needed modifications • Provided annotated comments as well as a written criticism of texts 	
<u>Publication</u>	
Lacaille, J., Ly, J., Zacchia, N., Bourkas, S., Glaser, E., & Knauper, B. (2014). The effects of three mindfulness skills on chocolate cravings. <i>Appetite</i> .	
<u>Certifications & Training</u>	
Workplace Hazardous Materials Information System	2016
McGill University Environmental Health and Safety	
Tri-Council Policy Statement: Ethical Conduct for Research Involving Humans	2016
Panel on Research Ethics, Government of Canada	
Standard Operation Procedure Training	2016
The Research Institute of the McGill University Health Centre	
Good Clinical Practice Training	2016
The Research Institute of the McGill University Health Centre	
Clinical Research Certification Program	2016
The McGill University Health Centre	
Conducting Clinical Trials in Canada (Conference)	2015
The Society of Clinical Research Associates	
Regulatory Updates for Clinical Research Professionals	2015
The Society of Clinical Research Associates	
GCP00: Good Clinical Practice (ICH-GCP), An Abridged Course	2015
BioPharma Institute Program	
Good Clinical Practice & Biomedical Research (Human Subjects)	2015
Collaborative Institutional Training Initiative	